



5. Please attach all relevant medical records supporting this individual's continued need for long term care services.

6. I certify that the above information is a true and accurate representation of this individual's current capacity.

Provider's Name (please type or print): \_\_\_\_\_

Degree:  M.D.  Other (specify): \_\_\_\_\_ Specialty: \_\_\_\_\_

Name of Clinic: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone No.: \_\_\_\_\_

Provider's Signature \_\_\_\_\_ Date: \_\_\_\_\_

## Definitions

*Activities of Daily Living (ADLs)* are Bathing, Continence, Dressing, Eating, Toileting, and Transferring as defined herein.

- Bathing means washing oneself by sponge bath or in either a tub or shower, including the task for getting into or out of the tub or shower, without Substantial Assistance from another person.
- Continence means the ability to maintain control of bowel and bladder function or, when unable to maintain control of bowel or bladder function, the ability to perform associated personal hygiene, including caring for a catheter or colostomy bag, without Substantial Assistance from another person.
- Dressing means putting on and taking off all items of clothing and any necessary braces, fasteners, or artificial limbs without Substantial Assistance from another person. An individual will be considered able to dress himself or herself even if these tasks can only be performed by using modified clothing or adaptive devices such as tape fasteners or zipper pulls.
- Eating means feeding oneself by getting food into the body from a receptacle (such as a plate, cup, or table) or by a feeding tube or intravenously without Substantial Assistance from another person. An individual will be considered able to eat even if he or she requires assistance preparing or serving the food, such as cutting food or opening cartons.
- Toileting means getting to and from the toilet, getting on and off the toilet, and performing associated personal hygiene without Substantial Assistance from another person.
- Transferring means the ability to move into or out of a bed, chair, or wheelchair without Substantial Assistance from another person. An individual will be considered able to transfer even if he or she uses or requires equipment such as canes, quad canes, walkers, crutches, grab bars, or other support devices, including mechanical or motorized devices, in order to transfer or ambulate.

*Substantial Assistance* means Hands-on Assistance or Standby Assistance.

- Hands-on Assistance means the physical assistance of another person without which the Chronically Ill individual would be unable to perform the Activities of Daily Living.
- Standby Assistance means the presence of another person within arm's reach of the Chronically Ill individual that is necessary to prevent, by physical intervention, injury to the Chronically Ill individual while he or she is performing an Activity of Daily Living.

*Substantial Supervision* means continual supervision (which may include cuing by verbal prompting, gestures, or other demonstrations) by another person that is necessary to protect the Severely Cognitively Impaired individual from threats to his or her health or safety (such as may result from wandering).